



News and Notes

WELCOME TO THE AUGUST 2022 EDITION of NEWS and NOTES

This newsletter is private & confidential, for Probud use only and not to be used for any other purpose.



PAWA is visiting both city and country Clubs on a regular basis and we must applaud the work the Management Committee do to make their Clubs truly a success.

As President, I visited Bunbury for two important events: the “Building Better Clubs” workshop and for the 40th anniversary of the Bunbury Probud Club. I reflected on Clubs that reach a lifespan of 40 years (Ruby anniversary) and continue to operate successfully. This is a testament to the Committees management and ability to generate appealing programs for members to have fun.

Research has shown that celebrating important anniversaries can actually help strengthen relationships and gives us the opportunity to pull back and relive moments that changed our lives forever. Probud is a shining example of marking milestones in our history. It’s pleasing to see Probud Clubs across Western Australia acknowledge anniversaries.

Why, one asks? It’s a chance to reflect; it’s an excuse to have fun, fellowship and food. It’s more importantly the time to look towards the future and to celebrate friendships borne through Probud.

I mentioned PAWA Building Better Clubs above. These are proving to be well received and many ideas shared and networks forged.

The Committee and I look forward to continue to help and assist all Western Australian Clubs to improve and effectively deliver the Probud “product” of friendship, fellowship and fun.

Peter Olney PSM
President 2022-2023

Happy Anniversary
To the following Probus Clubs:

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| Dianella Districts Combined Probus Club Inc. | 16 years |
| Albany Breaksea Ladies Probus Club Inc. | 26 years |
| The Probus Club of Booragoon Inc. | 32 years |
| South Perth Ladies Probus Club Inc. | 34 Years |
| Floreat Ladies Probus Club Inc. | 35 Years |
| Bunbury Probus Club Inc. | 40 Years |



PROBUS DAY
SATURDAY 1ST OCTOBER 2022



**“UNLIMITED POSSIBILITIES IN
RETIREMENT”**

START PLANNING NOW!

On the first of October each year we recognise the United Nations Day of the Older Persons. Throughout the pandemic, Probus continued to provide opportunities to connect socially, be informed, and to be encouraged to stay mentally and physically active. Choose a day in October that suits your Club to celebrate Probus Day.

Seniors Recreation Council of WA

Annually presents “The Premier Event for WA’s Over 55’s”

Have a Go Day

a LiveLighter Event

WEDNESDAY 9TH NOVEMBER 2022 from 8.30AM – 3PM
This event will be held in the beautiful grounds of Burswood Park.

Have a Go Day is designed to make seniors who attend, aware of the importance of exercise, socialisation and both physical and mental activity. Seniors can participate in a range of free activities and visit many information sites on offer.

There will be free coffee, tea and bottled water available all day.
Free parking at Crown and a free shuttle bus from Burswood train station.

VOLUNTEERS WANTED!!

PAWA will have a marquee on the day. Please come along and help showcase Probus Clubs in WA and meet people who may wish to join a club.

Contact Helen Hardy if you can spare an hour between 10 and 2pm.

helenhardy@westnet.com.au



BUILDING BETTER CLUBS WORKSHOPS

Based upon feedback from members at the three recent PAWA Forums, PAWA decided to change the previous years' Information Day format and focus primarily on the breakout sessions for Club Officers. In addition, "Information Day" was repackaged as:

"Building Better Clubs Workshop".

The two Workshops held so far have been well received by the attending club members. Thirty-six members attended the first Workshop in Yokine in June and thirty-five attended the second in Floreat in July.

The Workshop commenced with the facilitators providing a succinct but necessary introduction about the roles of PAWA and PSPL and the key elements of the Club Constitution.

After a delicious brunch, the focus was on breakout groups assembled with like-minded officers, where group leaders guided the topics and the members shared information and alternative approaches. The consensus at the recent Forums was that breakout groups are extremely beneficial. Attendees pointed out that the preference is for small groups so that each person can participate and be heard.

Some groups wanted a little more time for discussion and others wanted a list of individual questions within each group topic.

Overall, it was evident that there is extensive variance in how Club Management Committees operate and how Club Officers interpret their roles and their responsibilities to the Club's membership.

It was rewarding to see enthusiastic Probus members keen to network and share knowledge, as the Committee have worked hard to structure and present these Workshops.

PAWA acknowledges all feedback to improve the service delivery to Clubs.

NEW SPEAKER

STEPHEN SACHELL "THE LIFE OF A TAXI DRIVER"

Stephen talks about his many years driving a taxi and is available to all clubs in the metropolitan area.

Stephen is recommended by the Willetton Ladies Probus Club.

sjsatchell@gmail.com Mob: 0438 702 079



The PAWA Committee attended the third “Building Better Club’s Workshop” in Bunbury on 4th August to interact with fourteen South West clubs. The idea of these workshops is for facilitators of each group topic to lead discussion and promote active listening and involvement among all the participants.

The Committee will also meet Great Southern Clubs on the 19th August in Albany for the fourth Workshop. Feedback from these last two Workshops will be outlined in the September edition of News and Notes.



Peter Olney opened the Workshop



Nina Williams won the Villa prize



Club members assembling for the individual Breakout Groups

PSPL Public Liability Insurance



Guest speakers, visitors and/or participants in any organised or officially recognised activity of an accredited Probus Club, accredited Probus Association or PSPL are also recognised as Insured/Covered Persons under the Personal Accident and Public & Products Liability Insurance policies only.

As regards outings/activities, Clubs are required to keep a list of those attending the outings in case of future claims. This includes non-members and guests irrespective of how many times they have visited the Club.

BUSH POETRY

In the July edition of News and Notes, we highlighted a Bush Poet, Ian Farrell, as a new Guest Speaker. Ian sent this poem by another Bush Poet, Peggy Vickers, as an example of his talk. Peggy has given permission to print this enjoyable tale.

The layout has been condensed to fit on the page.

GRANDPA and the RABBIT: by Peggy Vickers

When Grandpa owned a butcher's shop out in a country town
He often purchased local meat to keep the prices down.
The farmers brought him rabbits in; all clean and right to sell
And Grandpa found to his delight they sold extremely well.

Mrs Smith came in one day, as was her usual habit
And said to Grandpa, "I would like - to buy a nice big rabbit."
So Grandpa brought a rabbit out, the last one that was there.

Said Mrs Smith, "It's far too small I really do declare."

"Have you got another one that you could let me see?"

For I have extra people who are coming round for tea."

He took the rabbit out the back then stretching it with vigour,
He flattened and he battered it until it looked much bigger.

Then Grandpa picked the rabbit up without much more ado –

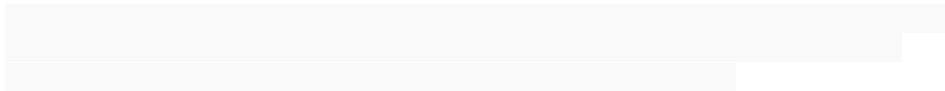
Took it back to Mrs Smith and said, "Will this one do?"

Mrs Smith, extremely pleased began to nod her head,

"That will do very nicely now,
I'll take them both," she said.



Who knew buying a 'boarding house' for elderly people



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Come along to a Committee meeting and give us your ideas to ensure that PAWA is an effective voice of WA Probus Clubs.

*Contact Secretary Ralph Sirmulis for an invitation to attend.
0417 201 867 or
pawasecretary@gmail.com*

*We meet on the 1st Thursday of every second month at the Piney Lakes Environmental Education Centre,
555 Leach Highway Winthrop
9.30am-12.30pm
On alternative months, PAWA meets via **Zoom**.*

Website: probuswa.wordpress.com

PROBUS WEST

Clubs are invited to submit articles for Probus West – the social arm of Probus, which highlights the social events, fun times, and news of activities from around the clubs.

Articles to be in Word format, with pictures as jpegs.

Trish Floyd will acknowledge your story and is happy to give assistance.

Contributions can be emailed to rpfloyd@westnet.com.au
Or post to 103a Stock Road, Attadale 6156.