



Probud Association of W.A. Inc.
Patron: His Excellency the Honourable Chris Dawson ACAPM
Governor of Western Australia

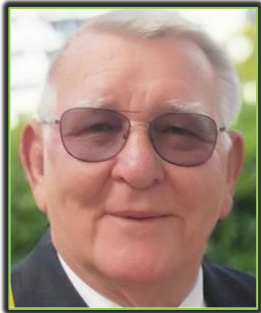


NEWS & NOTES

THE VOICE OF PROBUD CLUBS IN THE WEST

WELCOME TO THE AUGUST 2023 EDITION of NEWS and NOTES

This newsletter is private & confidential, for Probud use only and not to be used for any other purpose.



The question has often been asked!

“What makes a good Probud Club?”

The following seem to be the key views of Probudians across many countries.

- **Welcoming Atmosphere:** A friendly and warm atmosphere is crucial in creating a sense of belonging within the Club. New members should feel welcomed and embraced, and existing members should foster an inclusive culture that encourages everyone to connect and forge meaningful friendships.
- **Have a good variety of speakers and activities:** Offering diverse speakers and activities enriches the community experience, providing valuable knowledge and entertainment. Speakers from different backgrounds and fields bring fresh perspectives, sparking curiosity and engagement among members.
- **Reduce the formality of meetings:** By creating a relaxed and informal atmosphere, meetings become more welcoming and conducive to open communication. Minimising rigid structures and encouraging an open exchange of ideas empowers members to express their thoughts freely.
- **Strong Leadership and Organisation:** Effective leadership and well-structured management contribute to a Club's success. Clear communication, efficient organisation of activities, and transparent decision-making processes promote a smoothly functioning and member-driven organisation.
- **Serve a good Morning Tea:** The provision of morning tea or refreshments during meetings fosters a sense of hospitality and camaraderie. It serves as a natural icebreaker, giving members an opportunity to mingle and converse informally.
- **Make sure that members mix around and don't form cliques:** Preventing the formation of cliques is essential for maintaining a harmonious and inclusive community. Organisers can implement strategies like random seating arrangements, icebreaker activities, or group rotations to encourage members to interact with different people. Promoting a culture of inclusivity and openness discourages exclusivity and ensures that all members feel welcome and valued.

These strategies contribute to a sense of belonging and ownership, making the Club a place where members are proud to be part of. Think about it!

PAWA EVENTS for your CALENDAR

SEPTEMBER. **Reservations closing soon! Be quick!**

PASTA in the Valley , 2931 West Swan Road, Caversham (see flyer)

Friday 8th September at 1230pm. Book with Helen Hardy by 18th August.

OCTOBER

Celebrate Probus Month, 1st to 31st October. Own club activity.

"Good friends, Great times, New adventures"

NOVEMBER

"Have a Go" Day Wednesday 15th November.

Burswood Park in Seniors Week. From 9am.

NOVEMBER

Afternoon Tea at Government House in the City of Perth.

Thursday 16th November One member only from each club.



Clubs have been notified to nominate one member to attend who will in turn receive an invitation direct from Government House.

RSVP to Helen Hardy by 26th August.

SPEAKERS LIST UPDATE:

ADVOCARE is an independent community-based organisation dedicated to supporting the rights of older Western Australians. They can provide a Community Development Coordinator guest speaker for education:

- Protecting the rights of older people
- Addressing elder abuse; 1300 724 679
- Overcoming social isolation
- Assisting with navigating aged care.

Community Development Coordinators. Michelle Lekhoathy and Navodini Withanage

Contact Janet McGinty to book a coordinator for a presentation.

Community Development Assistant

Direct: 08 6252 3552 | **Email:** jmcginty@advocare.org.au | **Web:** www.advocare.org.au

NEW ENTERTAINER - JAY WESTON. ARIA ENTERTAINMENT

Recommended by the Combined Probus club of Rockingham inc.



Jay Weston is a tenor, capable of a wide variety of styles, including opera, musical theatre, classical and contemporary music. He has worked nationally and internationally.

Jay has a Bachelor of Music (classical) from the West Australian Academy of Performing Arts, and a Post Graduate Diploma in Opera performance including the Academic award of Excellence from the Queensland Conservatorium of Music. Jay is also an accomplished pianist/ composer. Cost negotiable.

Mob: 0402 149 889 Email: jaywestonsings@hotmail.com Web: <http://www.jayweston.com/>

BUILDING BETTER CLUBS WORKSHOP on 20th July 2023 in FLOREAT.

GENERAL FEEDBACK FROM 17 ATTENDEES.

VALUE TO CLUBS:

- Sharing information
- Networking with other clubs.
- Job descriptions to pass on to the next committee.
- Dept of Mines, Industry Regulation and Safety information.

Lodging Information Statement within six (6) months after the end of an association's financial year.

- PSPL / PAWA and Club constitutions clarification.
- Lots of information to pass on to all club members.
- Knowing I can call PAWA committee for assistance.
- As a new member, I learned a lot about running a club.

SUGGESTIONS

- Invite a PAWA committee member to a committee meeting.
- Keep communication with clubs with these workshops.
- Strategic planning.

This was the last half-day free workshop for 2023.

PAWA will review the format, taking into consideration the feedback from clubs, and will continue with workshops next year.

POINTS of interest-from the PRESIDENTS' GROUP at the Workshop

- # Demographics and the impact of ageing of membership
- # Difficulties in forming management committee
- # Importance of first impressions in attracting new members
- # Rotate members through a 'greet and meet' role at meetings
- # One club dedicates a meeting where members are asked to invite a friend to attend (part of recruitment strategy)
- # Word of mouth considered to be the most effective means of recruiting new members
- # Striking the right balance between necessary formalities and having fun (President not wearing chain of office)
- # Importance of a "light touch" in managing personality issues
- # Importance of understanding the culture of your club.
- # Working as a team (President not a one-man band)
- # Handovers to new committee members not done well
- # Patchy knowledge of governance framework.

Mal Wauchope, Committee

Clubs wishing to send notifications for inclusion in **News and Notes are invited to include one photo only with text. Lengthy stories may need to be condensed.**

HAPPY ANNIVERSARY TO CLUBS CELEBRATING IN AUGUST



Dianella Districts Probus Club Inc.	17 years
Albany Breaksea Probus Club Inc.	27 years
The Probus Club of Booragoon Inc.	33 years
South Perth ladies probus Club Inc.	35 years
Floreat Ladies Probus Club Inc.	36 years
Bunbury Probus Club Inc.	41 years

COMMUNICATION

What is Communication? It is simply the act of transferring information from one place, person, or group to another. Every communication involves (at least) one sender, and message and a recipient.

Having a strong internal communication process in your club not only ensures that everyone in your club stays on the same page, but it can also assist in strengthening your club's identity.

Communication is key for your club. It is the x-factor for retaining and growing your membership. A smart communication effort can create a feeling of community within your club. It can build a sense of belonging and boost member engagement.

The ideal approach for club communication is to allow your members engage with the tools they feel most comfortable using e.g., email, hard copy, or telephone. Not all members are tech savvy. This improves the potential of members receiving communications and engaging with you.

The Secretary usually plays a major role in club communication e.g., sending out agendas, minutes, communications from PAWA and PSPL and any other information sent to club members. **The Secretary is also the key point for incoming and outgoing correspondence.** It is usually their job to pass on the necessary communications to members.

Committee members should communicate outside of monthly meetings, rather than wait 30 days for the next committee meeting to make a decision. Any important decision made outside of a committee meeting can be ratified at the next meeting so that a record is in the minutes of the decision.

All members should be provided with a copy of the **Club's Constitution and Standing Resolutions.** As a communication tool, a constitution is a necessary part of any club because it clarifies your member's purpose, explains any hierarchy or structure, and provides the foundation for successfully advancing your club's mission.

Pauline Dunning, Secretary

DMIRS (and Assoc Online) states that a generic email should NOT be used.

The rationale here is that the Annual reports must be completed by a legal Officer of the Club (Pres, Treasurer or Secretary) and therefore a personal email for those officers is preferred.

CLUB NOTICES

WILLETTON LADIES PROBUS CLUB. Celebrating our 36th Birthday

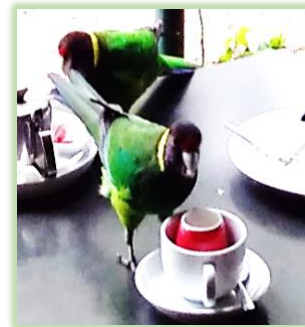
“Our foundation member Patricia Hocking had the honour of cutting the delicious chocolate birthday cake.



We followed this up on our outing day when we went by coach on a scenic drive to the cosy Bistro by the Dam restaurant in Jarrahdale, overlooking the Serpentine Dam amongst the stunning backdrop of the Serpentine National Park. While we enjoyed our freshly cooked meals of choice and drinks from the bar, and of course lots of chatting, we got to know the native birds who were very friendly. After tea and coffee and more chatting, we made our way back home. It was a very enjoyable birthday lunch and day out.”



Bistro
by the
Dam



Birdlife
visitors



Members of the COMBINED PROBUS CLUB OF MURRAY DISTRICT enjoyed an outing to **Boddington Recycling Centre** run entirely by volunteers.

“We were amazed at the variety of materials they collect and save from going to the tip. They use some themselves to make useful articles and send some to other places to use.”



Being a farming area, they are very innovative and have many contacts. We followed this visit with a BBQ by the river and were invited to the craft centre to see their work and have a chat over a cuppa. What a fantastic day in beautiful sunshine!”

Christine O'Brien
Outings officer.


CLUB NOTICES CONTINUED

Excerpts from the **MOUNT BARKER PLANTAGENET PROBUS CLUB** **OUT & ABOUT NEWS**

Apparently, the winter solstice is behind us. Even though the continuing wintry weather might tempt some to stay indoors, curled up in front of the fire with a good book, other activities beckon for the hardy members of our Probus Club.

A public holiday at the beginning of June scuppered plans for our usual outing. All was not lost, however, as the **GARDEN GROUP** had planned an excursion of general interest to many club members. The first stop on the trip was at the Australian Mineral Fertiliser facility at Tenterden, where we were given an insight into the development of the company and the process involved in producing the fertilisers for which the company is well known. Our members were treated to morning tea and a tour of the facility.

From Tenterden, members travelled to Cranbrook, where they enjoyed a wonderful lunch at Kaffe 107. Everyone thoroughly enjoyed the food and service provided by the very friendly staff.

On the return trip to Mount Barker, some members stopped again at Australian Mineral Fertilisers to pick up supplies for their gardens, while another group elected to head slightly off the beaten track to investigate Lake Matilda, a small body of water located not far off Albany Highway, north of Kendenup. Here they were interested to see some of the local wildlife, including waterbirds and frogs. 

Finally, not wanting to let a spare fifth Monday go to waste, the **GARDEN GROUP** has arranged two activities. The first will be the usual meeting of our club's gardening fraternity as they contend with the thorny issues bedeviling the horticultural world. The second will be an excursion to the Gourmet Micro Farmer in Kendenup, which promises to be of interest to many of our members, blessed with green thumbs or not.

SOUTH PERTH LADIES PROBUS CLUB

In June South Perth Ladies Probus Club had an enjoyable bus trip to Yanchep where we had lunch at the Yanchep Inn. On the way we stopped at the Wheelchair for Kids which was a very rewarding experience. Morning tea was provided, and their CEO showed us around their complex and explained the processes they go through in the making of the wheelchair for kids which are many and varied. It is a fantastic job being undertaken by many volunteers. **Well done to them!**





Probuc Association of W.A. Inc.
Patron: His Excellency the Honourable Chris Dowson AM
Governor of Western Australia



Join us!

PAWA is inviting Probuc Clubs to a multi-club event - a "Pasta in the Valley" lunch.

Join with other Probucians to share ideas, thoughts and solve the problems of the world!

Friday 8th September at 1230pm

Pasta In The Valley Restaurant

2931 West Swan Rd Caversham WA - 20 minutes from the CBD.

Italian cuisine *but not just pasta!*

Dishes include chicken, beef, fish, and gluten free and vegetarian.

Meals range from \$12 to \$34. Licensed, no BYO.

Pay on the day at the restaurant.

Senior's meals need to be ordered in advance, direct to Helen Hardy.

Important – contact Helen for forms and Menus.

Ample parking is available.

Reservations close 18th August 2023.



Why not make it a day outing and include a visit to the Chocolate Factory or wine tasting at one of the many wineries in the Valley. Perhaps organise a coach trip?

Clubs interested in attending:

Please send numbers to Helen Hardy for booking purposes:

helenhardy@westnet.com.au or phone 0419 251 489



Geelong & Great Ocean Road

7 Days > 29 Oct to 4 Nov 2023

Travel to Victoria and experience one of the world's best ocean drives, the Great Ocean Road, from the surf capital of Torquay to the iconic Twelve Apostles and finish at the historic fishing village of Port Fairy. Take in magnificent coastal views, travel along cliff tops and wild beaches, see the magnificent rock stacks of the Twelve Apostles and discover the maritime history of Warrnambool.

\$4,210 pptw
\$730 single option



Highlights

- Great Ocean Road touring route
- Great Ocean Road Heritage Centre
- Great Ocean Road Chocolaterie
- Flagstaff Hill light & sound show
- Flagstaff Hill Village & Museum
- Port Fairy
- Fort Queenscliff
- Queenscliff Maritime Museum
- National Wool Museum, Geelong
- Geelong Museum of Motoring

Inclusions

- Pre/post transfers (ex Perth, Western Australia)
- Airfares & taxes (ex Perth, Western Australia)
- 13 meals
- 6 nights' accommodation
- Tours & attractions
- Professional Villa Tour Leader

YOUR FULLY INCLUSIVE, ESCORTED TOUR INCLUDES



Transfers

Courtesy pre and post home/hotel transfers (Perth/Mandurah metropolitan areas)
A country collection service is also available



Transport

Accommodation



Meals

Attractions



Tour Leaders

Local Guides

Terms and conditions: All Villa tours are fully escorted, depart from Perth and tour prices include courtesy home collection (Perth and Mandurah metro only), most meals and attractions. Tours are subject to change. Full terms and conditions can be found on villa.com.au or ask us to send them when you call.

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**PSPL Board Director WA- retiring
this month.**
Graeme Brown
glbrown@iprimus.com.au

PAWA

The Voice of
WA Probus Clubs

*Come along to a committee
meeting and give us your ideas to
ensure that PAWA is an effective
voice of WA Probus Clubs.*

*Contact Secretary Pauline Dunning
for an invitation to attend.*

pawasecretary@gmail.com

**We meet on the 1st Thursday of every
second month at the
Piney Lakes Environmental Education
Centre,
555 Leach Highway Winthrop
10am-12.30pm**

*NB: On alternative months,
PAWA meets via Zoom.*

Website: probuswa.wordpress.com