



Probud Association of W.A. Inc.

Patron: His Excellency the Honourable Chris Dawson ACAPM
Governor of Western Australia



NEWS & NOTES

THE VOICE OF PROBUD CLUBS IN THE WEST

WELCOME TO THE MARCH 2023 EDITION of NEWS and NOTES

This newsletter is private & confidential, for Probud use only and not to be used for any other purpose.



I'm so proud to be writing this message. So proud to be connected to such a positive organization and proud to be the President of the Probud Association of Western Australia - PAWA and to work with a dedicated Committee for 2022-2023. Helping and assisting has always been my aim in life.

Connecting with Probud has enabled me to do just that. Think about it for a moment: we are a network across WA of 5323 members 93 clubs who come together to create positive, friendships and lasting change when we need it most.

One of the strong messages by visiting Clubs and participating in the Building Better Clubs has been Clubs are all different. By that I mean they deliver our product of friendship and fun differently. This is great - but you get the point. We are doing an incredible amount of good – locally – and we are having lots of fun doing it, but we can do more! Thanks to ALL of you. Many of you have already had your annual general meeting and some changes have occurred, some have the old guard back in place.

I congratulate those that have accepted the role on Management Committees All you need is: -

- *The desire to give back to the Club that you have benefitted so much from*
- *Willingness to share your knowledge, ideas, and experience.*
- *A cooperative attitude.*
- *A little bit of time.*

I am aware from the Forums and Building Better Clubs that there is a lot of issues that need addressing. Clubs informed PAWA what these issues are – they were listed in a recent issue of News and Notes. If your Club is experiencing issues, please make PAWA your first point of call.

I would like to touch on one basic issue – that of COMPETITION and make the following points: -

- **Strong Clubs shine!!**
- **They have an informative newsletter.**
- **They make it easy to join and get involved at a low cost.**
- **They are not necessarily the best club in the “seniors” industry but have all the pieces in place.**
- **People have fun, they learn something, they meet new friends, and the word gets around. – word of mouth is by far the best for recruiting.**
- **The best way to compete is to be the best in what you do. Focus on fundamentals, the “product” and experience, and the members will follow.**

In the new world, **what people desire most is an opportunity to connect with one another. Let Probud be the place!**

It has been an honour to serve as PAWA President. I am proud to have worked and visited many Clubs this year. I look forward to doing even more during the year ahead and having fun doing it.

Yours in Friendship
Peter Olney PSM
President 2022-2023

PAWA

Annual General Meeting

Thursday 30th March 2023 at 1030am

Registration from 9.45am

The Bendat Basketball Centre, Ellis Room

201 Underwood Avenue FLOREAT WA 6014

Contact your club secretary for registration details
or Ralph Sirmulis at PAWAsecretary@gmail.com



BENDAT CENTRE

PAWA meetings are conducted alternately via zoom. We invite PAWA Committee nominations from outlying clubs who could attend via a PAWA zoom meeting.

The cut-off date for nominations is 25th March 2023

Light refreshments will be available at the conclusion of the meeting at a cost of \$15 per attendee – payable on registration of attendance.

This is an opportunity to:

- Learn more about PAWA, it's focus and direction.
- Meet the Office Bearers
- Connect with likeminded Probians.
- Exchange ideas
- Enjoy the friendship and fellowship on the day.
- **Help shape the future direction of PAWA and how it might help WA Probuss Clubs, by joining the committee.**

IMPORTANT!

Most Clubs have had their AGM and elected new Committee members.

PAWA creates a WA Directory of Probus clubs and circulates this to all WA Clubs.

PAWA also uses the information for communications to WA Clubs.

So it is important that Clubs advise PAWA of the changes to Club Committees, specifically

- President (name, phone, email)
- Secretary (name, phone, email)
- Liaison Officer (name, phone, email), and
- Meeting details

Please attend to this as soon as possible!

Send information to PAWASecretary@gmail.com

DIFFICULTY FINDING COMMITTEE MEMBERS?

Most Probus Clubs seem to have difficulty finding members who are prepared to serve on the Club's Management Committee.

Did you know that for a Club to operate, you only need a President, Vice President, Secretary and Treasurer.

The other Committee roles are optional but make it easier to run the Club.

Do our Clubs over complicate the roles of Committee members and make them seem too complex?

One of the most significant negative impacts of over complicating office bearer roles is that it can lead to a lack of engagement and participation among members. When roles are overly complex and require a significant amount of time and effort to fulfil, it can discourage members from stepping up to take on these responsibilities. This can leave the club with a shortage of volunteers and can make it more difficult to accomplish its goals.

Happy Birthday to Clubs with Anniversaries in MARCH



Swan View Probus Club	5 years
Probus Club of Mandurah Peel Inc.	8 years
The Combined Probus Club of Murdoch Inc.	26 years
Marmion Probus Club (Mixed) Inc.	30 years
The Probus Club of Denmark Inc.	33 years
Probus Club of Mandurah Inc.	39 years
The Probus Club of Thornlie Inc.	41 years

What do you know about PAWA?

Probus Association of WA Inc. promotes Probus to the retired and semi-retired community in WA as an avenue for fun, friendship, and social interaction through Information, coordinating multi-club events and supporting the growth and operation of clubs.

PAWA has:

- the statewide control of Probus Clubs as the WA Head Office.
- Is a collective voice
- Is a conduit between WA and PSPL
- Provides support with workshops
- Is a contact for issues and advice to run a club
- Provides publications for information.

BUILDING BETTER CLUBS WORKSHOPS 2023

Club members are encouraged to attend these informative sessions, especially if you have a new club or committee member.

Registration forms will be sent out closer to the dates.

Choose a date to suit your club.



Friday May 5th
Thursday May 18th
Friday May 19th
Thursday June 1st
Thursday June 15th
Friday June 30th
Thursday July 20th

The Kalamunda Bowling Club
The Esplanade Hotel, Busselton
Le Grande Motel, Albany
North Beach Bowling Club
Rossmoyne Bowling Club
RAAFA Estate Meadow Springs
Cambridge Bowling Club, Floreat

OTHER IMPORTANT DATES FOR YOUR CALENDAR



FRIDAY 8TH SEPTEMBER

LUNCH In the SWAN VALLEY AT "PASTA IN THE VALLEY" --- SICILIAN CUISINE

WEDNESDAY 15TH NOVEMBER

"HAVE A GO DAY" at BURSWOOD PARK in Senior's week.

FRIDAY 17TH NOVEMBER

AFTERNOON TEA AT A "special location" IN THE CBD

INFORMATION SHARING AT WORKSHOPS
and
WHO MIGHT BENEFIT FROM THE EXPERIENCE?

‘What is the point of them’ some ask; others have really enjoyed and appreciated the opportunity to learn, share and interact with other clubs.

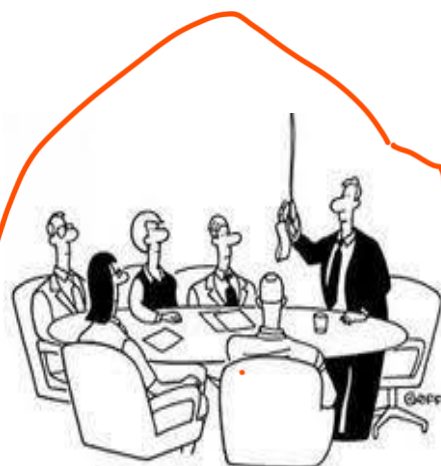
The workshops are not designed to tell you how to run your club but to share knowledge that might help you.

It’s very daunting and off putting to join a club and before you have your coat off be asked if you’d be interested in joining the committee.

These workshops are designed for “old” members who have “done it all” and new members who are interested in how the clubs work.

The round table discussions where everyone can ask questions, put forward ideas that work in their club have been well received. People like the sharing, and discussions held because they are non-confrontational. They come away with some new ideas to put forward to their club plus found out things they didn’t know.

So, we encourage everyone to send 2-3 people (old and new members) from your club to take advantage of these sessions.



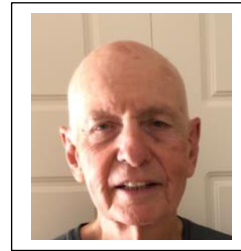
"And should there be a sudden loss of consciousness during this meeting, oxygen masks will drop from the ceiling."



"What did you take away from the meeting?"

NEW PAWA COMMITTEE MEMBER Malcolm Wauchope AO

I have been a member of Probus for over 4 years having joined the Combined Winthrop Probus Club in 2018 following my retirement. During my time at the club, I have taken on the roles of Outings officer, Vice President, and President.



Prior to my retirement from the paid workforce, I was employed in the State Public sector for more than 45 years commencing as a trainee graduate assistant with the Treasury and finishing as the inaugural Public Sector Commissioner.

I was honoured to have been made an Officer in the Order of Australia in 2017 in recognition of my service and achievements in my various roles in the State Public sector.

I am married to Julie, and we have a son Ben, a daughter in law Steph and grandson Leo. Outside of Probus my interests and involvements include grandparenting, travel, wine, reading and sport in general (and Fremantle Dockers in particular).

Probus needs to adjust and reflect to community expectations, and I am interested in being on the PAWA committee to help promote Probus to the wider community.

SPEAKER INFORMATION



Pamela Griffiths, "Just the mother." 20-minute talk+question time.

Pamela is one of the Lived Experience Speakers with the Western Australian Association of Mental health.

Her presentation offers a rare insight into the challenges and sadness, joy and inspiration that has come with caring for her eldest son Tom, who has a diagnosis of Schizophrenia. Tom is an artist who has exhibited all over Australia. Pamela offers a list of truths she wishes she had known earlier.

The story covers Pamela's experiences which, although not a definitive statement on how it is for all mental health carers, presents her raw reality. It also offers a guide to those who are around the unwell person and have no idea how to be useful.

Pamela needs a Lectern, Microphone, and Overheads projector with USB connector. Mob: 0409 025 399. Email: pamelarobingriffiths@gmail.com

ENTERTAINER REMOVED

Les Meade has been removed from the entertainment list.



PINJARRA PACEWAY EVENT
 February 20th was a beautiful sunny day
 and the Pinjarra Paceway was a great
 venue with great staff.

Approximately 120 Probian's arrived to have a good time. Interaction between tables was good and conversation continued all day. Everyone attending seemed happy with the event and were asking for more events like this. People who hadn't been before were talking about getting up groups to repeat the day. Members stated they enjoyed the day and had lots of fun. The staff, Dale and Michelle, were thanked for bending over backwards to help make the day such a success.

Combined Probus club of Rockingham
Byford and Districts
Canning Vale
Thornlie
Baldivis
Mandurah Island
Collie
Mandurah
Murray and Districts
Combined Probus club of Mandurah
Ellenbrook.

Thanks go to PAWA
committee member!
Edna Jones
for coordinating the day.



Combined ROCKINGHAM Club



BYFORD Club



OTHER MEMBERS HAVING FUN!



Interstate Awaits

The Man from Snowy River Bush Festival

7 DAYS > 10 to 16 April 2023

\$3,780 pptw

\$410 single option

Highlights

- XPT rail journey Melbourne to Albury
- Local guided tour of Albury
- Lake Hume Dam Wall walk
- Albury Botanic Gardens guided tour
- Bonegilla Migrant experience
- Army Museum Bandiana
- Boggy Creek Show, Tumbarumba
- Pioneer Women's Hut Museum
- The Man from Snowy River Bush Festival (2 days)



\$4,045 pptw

\$570 single option



Splendid Bright, Beechworth & Yackandandah

9 DAYS > 26 April to 4 May 2023

Highlights

- Train journey from Melbourne to Albury
- Guided tour of Albury Botanic Gardens
- Mount Buffalo & Falls Creek touring
- Bright Autumn Festival
- Red Stag Deer & Emu Farm tour
- Beechworth Historic & Cultural Precinct tour
- Old Beechworth Gaol tour
- Beechworth Honey Bee School
- Milawa produce

Outback South Australia & the Red Centre

14 DAYS > 3 to 16 May 2023

Highlights

- Alice Springs
- MacDonnell Ranges
- Kings Canyon
- Uluru
- Kata Tjuta (the Olgas)
- Field of Lights Illumination
- Oodnadatta Track
- Coober Pedy
- Ikara-Flinders Ranges
- Wilpena Pound
- Arkaroola Wilderness Sanctuary
- Clare Valley

villa discovery

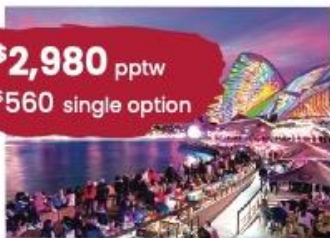
\$6,995 pptw

\$1,205 single option



\$2,980 pptw

\$560 single option



Vivid Festival of Light, Sydney

5 DAYS > 6 to 10 June 2023

Highlights

- Vivid Festival of Light
- Vivid Light dinner cruise
- St Mary's Cathedral
- Royal Botanic Gardens, Sydney
- Mrs Macquarie's Chair
- Vaucluse House & Estate
- Sydney Opera House
- ABC Ultimo guided tour
- Army Museum of New South Wales

Cairns & the Atherton Tablelands

9 DAYS > 21 to 29 June 2023

Highlights

- Yungaburra Memorial Park
- Historic Village Herberton
- Gallo Dairyland
- Nerada Tea
- Millaa Millaa Falls
- Cairns Botanic Gardens
- Cairns Aquarium
- Green Island cruise
- Great Barrier Reef Marine Park
- Kuranda Rail & Skyway
- Cairns dinner cruise

\$4,740 pptw

\$695 single option



YOUR FULLY INCLUSIVE, ESCORTED TOUR INCLUDES



Transfers

Courtesy pre and post home/hotel transfers (Perth/Mandurah metropolitan areas)
A country collection service is also available



Transport



Accommodation



Meals



Attractions



Tour Leaders



Local Guides

Terms and conditions: All Villa tours are fully escorted, depart from Perth and tour prices include courtesy home collection (Perth and Mandurah metro only), most meals and attractions. Tours are subject to change. Full terms and conditions can be found on villa.com.au or ask us to send them when you call.

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PAWA

The voice of
WA Probud Clubs

***Come along to a
committee meeting and
give us your ideas to
ensure that PAWA is an
effective voice of WA
Probud Clubs.***

*Contact Secretary Ralph
Sirmulis for an invitation to
attend.*

*0417 201 867 or
pawasecretary@gmail.com*

*We meet on the 1st
Thursday of every month at
the Piney Lakes
Environmental Education
Centre,
555 Leach Highway
Winthrop
9.30am-12.30pm*

*PAWA also meets alternately
via Zoom.*