



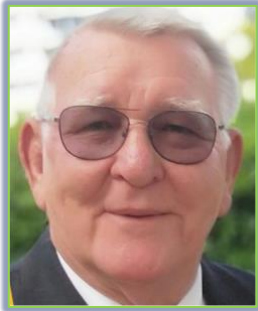
NEWS & NOTES

THE VOICE OF PROBUS IN THE WEST

Patrons: His Excellency the Honourable Chris Dawson AC APM, Governor of Western Australia, and Mrs Dawson

WELCOME TO THE MAY 2024 EDITION of NEWS and NOTES

This newsletter is private & confidential, for Probus use only and not to be used for any other purpose.



By now, new committee members have had a few weeks to settle into the new roles they hold within their club. There are always going to be administrative responsibilities, though the focus should be on the engagement and retention of members and keeping the fun factor. Each Committee member should be familiar with the Club's Constitution and Standing Resolutions and be aware of club policies. A Portfolio is very useful for each position, containing information regarding roles and responsibilities.

The networking between Probus Clubs this year gave clubs an excellent opportunity to make new friendships, by bringing clubs together to share information and to network. So far, the PAWA Committee has held workshops in North Beach, Halls Head, Albany, and Bunbury. The last two for the year will be held at Mt Pleasant and Glen Forrest.

The most popular part of the morning proved to be the breakout groups as everyone had a chance to be heard, gain information, and ask questions. New committee members made a comment that they were pleased to learn more about PAWA and PSPL and the proposed new Constitution. Our President Ralph Sirmulis is part of a focus group to give feedback to PSPL regarding the new constitution.

By sharing information and ideas, clubs can improve the overall experience for their members. Feedback from attendees has been very positive and this has given the Committee an opportunity to improve the Workshop presentation and breakout groups each year.

North Beach: 14 clubs attended with 42 members.

Halls Head: 6 Clubs attended with 23 members.

Albany: 6 clubs attended with 20 members.

Bunbury: 8 clubs attended with 32 members.

Mt Pleasant have registered 14 clubs with 35 members attending.

Glen Forrest: Numbers not available yet.

Numbers are not quite as high as last year; some clubs have closed. There are 87 clubs with about 5000 members in WA. In future, clubs could consider inviting more general members who may one day be interested in taking on a position within their club.

The Directory of Clubs will be to be circulated soon and PAWA levies are due now.

PAWA aims to serve and support WA clubs to enjoy fun, friendship, and fellowship. Our committee members are available to assist clubs to resolve issues and give advice where appropriate. Our aim is to help clubs to thrive and enhance the happiness of their members.

Sue Harwood

PROPOSED MULTI-CLUB LUNCHEON in the SWAN VALLEY. Mark the date!



The PAWA committee is planning another multi-club luncheon at:
"VALLEY SOCIAL", 8731 Swan Valley Rd, Henley Brook.
Date: Friday 6th September 2024.
Set Menu is \$30

Proposed set menu with three choices:

- **Chicken Parmigiana, served with Chips & Salad**
- **Fish & Chips, served with Salad Garnish & Yoghurt Tartare**
- **Gnocchi Pomodoro, Napolitana Sauce, Parmesan & Fresh Basil – VEGETARIAN**

The venue has suggested sticky date pudding and ice-cream as dessert. (to be confirmed closer to the date)". Pricing is \$30 per person. All meals will need to be pre-ordered.

Further information to follow in the next few months.

Southern Representative's Wanderings

May started off as a very busy month attending the Building Better Clubs Workshops in Albany and Bunbury. This gave me a chance to talk with the club Presidents about the idea of them meeting three or four times a year to exchange ideas about guest speakers, outings and other useful information about how they run their meetings etc.

Most of those spoken to were in favour of the idea with Bunbury already having the process in place and now looking to include other local clubs. The Albany and Denmark clubs hope to have their first meeting in late winter/early spring. Involving clubs in other areas is a work in progress.

Michael Macpherson

Phone: 0466238566

Email: mfmkmac@gmail.com

PAWA BUILDING BETTER CLUBS WORKSHOPS 2024

These free PAWA workshops are an opportunity to gain information about committee roles and about running your club.

You also meet like-minded people who will share their knowledge and experiences and discover alternative approaches relevant to running a thriving club.

Everyone has a chance to speak and express ideas.

The next workshops are:

May 16th Thursday

Mt Pleasant Bowling Club. 40 Bedford Rd Ardross 6153 (Park in Canna Way).

May 23rd Thursday

Glen Forrest Sports Club. McGlew Rd Glen Forrest 6061

Any queries regarding the registration etc., please call Helen Hardy

Mob: 0419 251 489

Building Better Clubs WORKSHOP - HALLS HEAD 19th April

The PAWA Committee held a workshop for twenty-three members from six local clubs at the Halls Head Bowling Club on Friday 19th April. Members in attendance indicated on their feedback forms that the workshop was of value to them.

In particular, the breakout sessions allowed everyone to contribute and share ideas. The Committee members were there to facilitate each group; to listen, give advice and provide information as needed.



Thanks are extended to the members of the Mandurah Island Probud Club who provided the sandwiches and home-made cake for morning tea, which was well received.

**At left:
Mandurah Island Club
members who attended
the workshop.**

Photo courtesy of
Geoff Whittome

HAPPY ANNIVERSARY TO CLUBS CELEBRATING IN MAY

Probus Club of Harvey	13 years
Probus Club of Byford and Districts Inc.	16 years
Probus Club of Manjimup Inc.	16 years
Mt Barker Plantagenet Probus Club Inc.	16 years
The Belmont Districts Probus Club Inc.	18 years
Noranda Combined Probus Club Inc.	20 years
The Probus Club of Vasse Inc.	32 years
Karrinyup Ladies Probus Club Inc.	33 years
The Probus Club of Kojonup Inc.	34 years
Melville Ladies Probus Club Inc.	35 years
Probus Club of Subiaco Inc.	35 years
The Probus Club of South Bunbury Inc.	36 years
Como combined Probus Club Inc.	38 years
Probus Club of Gosnells Inc.	38 years
Mandurah Ladies Probus Club Inc.	39 years
The Probus Club of Perth Inc.	40 years
Combined Probus Club of Melville Inc.	41 years
The Probus Club of Fremantle WA Inc.	42 years



NARROGIN PROBUS CLUB—30TH ANNIVERSARY

The club held their celebrations at the Cornwall Hotel on 15th April, attended by 39 members & guests.

PAWA President Ralph Sirmulis was able to attend along with Narrogin Rotary President and the Shire President.

Cutting of the cake was by Life Members, Shirley, Helen and Clarice and there was also an unveiling of a Life Members banner.

The event was enjoyed by all, and the committee were thanked for organizing the function.



Susanne
Secretary Narrogin Probus

VICTORIA PARK PROBUS CLUB HANDOVER LUNCH

The Victoria Park Probus Club held its Annual General Meeting on the 20th of March 2024 where all committee positions were filled. Mr. Chris Dyson was elected President. The Club held its traditional formal Handover Lunch on the 27th of March 2024 at RAAFA Bull Creek. John and Jenny Hodges were presented with a certificate by former President Linda Foote at the Lunch in recognition of 20 years as members of Probus.



PROBUS CLUB OF BRIDGETOWN BLACKWOOD VALLEY INC.

DON'T COUNT THE DAYS, MAKE THE DAYS COUNT

Guide Dogs visited our Probus Club - 4 people and 3 dogs. The President, Stephen Blackman, organised the event as part of the Club's 10th Birthday celebration. We wanted an event both special and meaningful.... This meeting surpassed all expectations.

The team's professionalism and passion was evident throughout the day including their patience with the young trainee dogs to help them learn in such a positive manner. Guide Dogs WA and particularly the South-West is very fortunate to have such a team devoted to changing the lives of such deserving people. The video shown featuring families with a Guide Dog, or an Assistance Dog brought many of us to tears... in a wonderful way.

Thank you Guide Dogs WA... for investing a day to educate and enthral us with all aspects of breeding, raising, training, working, and retiring the dogs...as well as giving us an insight into the GDWA organisation and fundraising.

Stephen Blackman, President.



NEW SPEAKERS

PETER COGHLAN.



Inspirational Speaker.

Peter developed locked-in syndrome after suffering a stroke in 2011 which left him totally paralysed. He is now walking and speaking, and he re-joined the workforce.

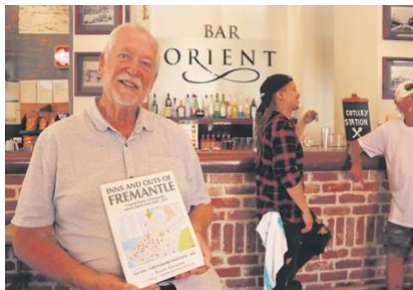
During his rehabilitation at Shenton Park, he thought if he recovered he wanted to work in the health industry. Remarkably, Peter walked out of the hospital 6 months later.

This is an incredible story of strength and determination. Peter's story may inspire others to never give up, regardless of the adversity facing them.

Ph: 0450 874 493

Email: intheblinkofaneyereborn7@gmail.com

ALLEN GRAHAM



Fremantle Historian, Author, and Tour guide.

Allen is a lifelong resident of Fremantle and served on the Council between 1985 and 1990. He holds a degree in Industrial Relations from UWA and has a passion for Fremantle History, being a long-standing member of the Fremantle History Society.

Since retiring, Allen uses his knowledge to conduct walking tours of Fremantle.

Within six months of Fremantle being founded, four hotels were established. Allen's talk would be primarily about Fremantle and its early hotels, but it is also about the very earliest days of the colony. At a personal level it is also a story of resilience, as it has taken him forty years to publish what was intended to be a small coffee table book, but which has now turned into a trilogy and where part two and three will be published over the next two successive financial years.

The first instalment, the "Inns and Outs" of Fremantle, embraces the hotel culture, 1829 to 1856.

Ph: 0412 933 360. Email: pubs.ag@gmail.com

DARREN REYNOLDS.

"Every Daughter Matters"



Ever since Darren encountered an eight-year-old girl that had been rescued from human trafficking in Kampong Cham in Cambodia, he has been determined to play his role in helping combat modern slavery. These efforts led him to work for World Vision, The Salvation Army, Destiny Rescue and now, Every Daughter Matters, an Australian-based Non-Gov organisation working along Nepal's southern border, one of the world's busiest human trafficking routes.

Darren has spent time in Cambodia and Thailand, where he was involved in some undercover rescue operations and, more recently in Nepal, visiting a number of border crossing stations, emergency accommodation shelters and safe homes. Darren's presentation highlights the human element of this issue and the role that Australians can play in efforts to combat this horrific trade.

Darren Reynolds, Head of Engagement, Every Daughter Matters

Ph: 0472 673 440. Email: darren@everydaughtermatters.org.au Web: everydaughtermatters.org.au

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Inclusions

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Highlights

- Island tour with locals
- North Head Cave
- Erscott's Hole
- Volcanic cliff cruise
- Wildlife & bushtucker walking tour
- World Heritage marine cruise on a glass bottom boat
- Snorkelling in the world's most southern coral reef (optional)

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PAWA

The Voice of WA Probus Clubs

Come along to a committee meeting and give us your ideas to ensure that PAWA is an effective voice of WA Probus Clubs.

Contact Secretary Pauline Dunning for an invitation to attend.
pawasecretary@gmail.com

The PAWA Committee meet on the 1st Thursday of every second month at the Melville Recreation Centre Cnr. Stock Rd and Canning Highway Melville, 9.30-1230.

NB: On alternative months, PAWA meets via Zoom.

Next Zoom meeting Thursday 6th June.

PAWA was in Albany for the May meeting date.

Website: probuswa.wordpress.com