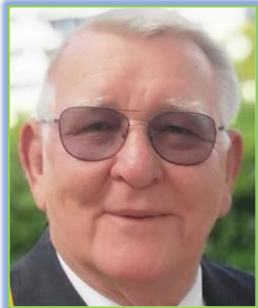




NEWS & NOTES

THE VOICE OF PROBUS IN THE WEST

WELCOME TO THE SEPTEMBER 2025 EDITION of NEWS and NOTES



Greetings fellow WA Probud family members. I set out below some thoughts for your consideration.

A key constant issue for many Clubs relates to the question of membership growth. Without new members, no Club can remain vibrant and sustainable. Committees should ask themselves: *what makes our Club attractive to someone new?* Do meetings and activities follow the same format month after month, or is there variety through interesting outings, events, and activities?

Try something new! People today look for engagement, enjoyment, and opportunities to socialise. Do meetings and activities follow the same format month after month, or is there variety through interesting outings, events, and activities? Try something new! People today look for engagement, enjoyment, and opportunities to socialise.

The key question every Committee should ask is simple: **“Why would someone new join our Club?”** If you can answer that confidently, your Club will remain healthy and appealing for years to come.

Clubs should also take this time to ensure they are compliant with governance matters. By now, all Clubs should have reviewed the new “standard” Constitution, sought endorsement from their members, and lodged it with DLGIRS. If this step has not yet been completed, it should be treated as a priority. Likewise, hopefully many Clubs are well underway in tailoring their Standing Resolutions to the proposed new “standard” format.

The time is fast approaching when Clubs need to begin planning for their Management Committees for the coming year. This is always an important process, ensuring continuity, stability, and fresh ideas for the benefit of all members. Some Clubs are fortunate in having a number of people keen to step into positions, while others often find it more difficult to persuade members to take on roles.

It is important to remind everyone that the key positions – President, Secretary, Treasurer, and Vice President – are not complicated. These roles are vital to the smooth running of a Club, but they are not intended to be overly demanding. The golden rule to remember is to **keep it simple**. The President’s role is primarily one of leadership and encouragement, not of carrying the entire workload. The Secretary is the communication hub, responsible for records and correspondence but without the need for long reports. The Treasurer manages straightforward finances with the aid of modern banking and reporting tools, and the Vice President provides continuity and support.

Sometimes members hesitate because they feel they cannot measure up to a previous office bearer. It is worth emphasising that no two office holders will ever be exactly the same, and nor should they be. Everyone brings their own personality, skills, and approach. The only expectation is that each person does their best. A willing member with enthusiasm is far more valuable to a Club than someone who feels pressured to emulate their predecessor.

Ralph Sirmulis, President.

PROBUS Month

1 – 31 October 2025

Probus Month gives us an opportunity to celebrate what Probus is all about; it also creates awareness of Probus within the wider community. For 2025, the **Probus Month** theme of "**Reinvent your retirement**" resonates with so many members who have found a sense of belonging within the Probus family.

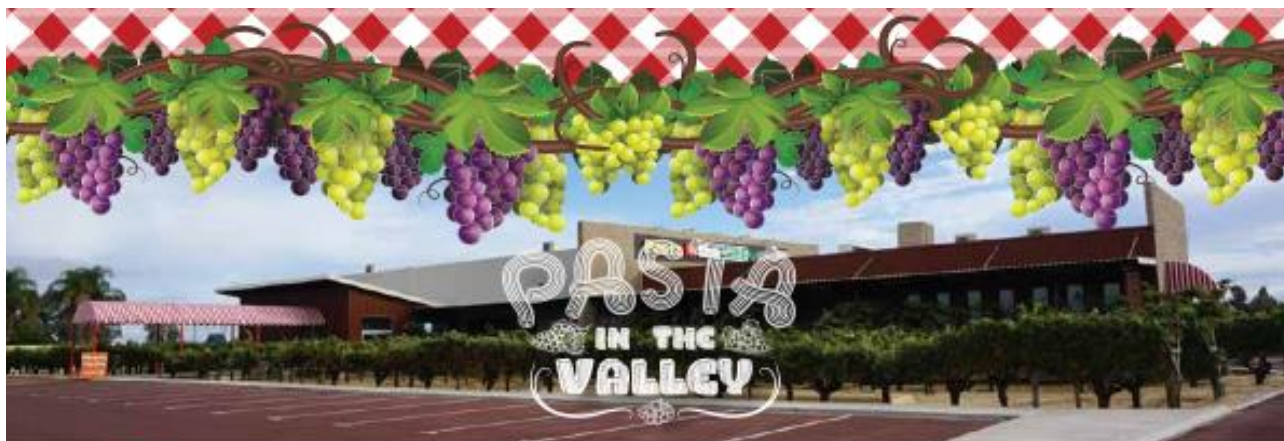


FRIDAY 31ST OCTOBER 2025

Open invitation from PAWA to WA Probus Clubs
to celebrate fun, friendship, fellowship and food.

Pasta in the Valley Restaurant
2931 West Swan Road, Caversham

Information has been sent to Club Secretaries.
Contact: Michael Macpherson
Pawatreasurer01@gmail.com



Seniors Menu

Minimum booking of 10 | Weekday bookings only

CHOICE OF MAIN

Spaghetti Bolognese

Special blend of beef and pork mince, slowly simmered with vegetables and herbs, finished with parmesan cheese & parsley

Spaghetti Carbonara Funghi

Roasted minced bacon rashers & mushrooms sautéed in a creamy sauce, finished with parmesan cheese & parsley

Spaghetti Pomodoro V

Vegetarian tomato based napolitana with basil, finished with parmesan cheese & parsley

Lasagne

Beef and pork mince bolognese sauce, roasted eggplant and zucchini, ham and bechamel sauce
Beef or vegetarian option available

Chicken Parmigiana & Salad

Succulent crispy chicken cutlet, topped with pomodoro sauce & mozzarella cheese served with an Italian salad

Barramundi Fillet & Salad GF (extra \$5)

Barramundi, pan seared, served with an Italian salad

CHOICE OF SWEETS

Cannoli

Tube-shaped shells of fried pastry dough, filled with a sweet, creamy custard filling

Gelato GF

Classic Italian dessert. Choose from:

Vanilla, Chocolate, Strawberry, Rum 'n Raisin & Ferrero

Sorbet GF + DF: Lemon or Watermelon

**\$25.00
each**

**Barra extra \$5*

*** Pre orders must be sent for these bookings**

* Effective 1st January 2025



For Bookings:

bookings@pastainthevalley.com.au | 0419 741 936

2931 West Swan Road, Caversham

www.pastainthevalley.com.au



REFUND AND PAYMENT POLICY FOR CLUBS

It is advisable that Clubs establish a payment and refund policy to clearly set out the terms and conditions around payments for such things as, joining fees, annual subscriptions and outings, activities or tours.

Joining Fees and Annual Subscriptions

It is up to each Club to determine whether they have a refund policy and/ or a pro rata payment in relation to joining fees and annual subscriptions.

Payments for outings, activities and/or tours

With more and more businesses seeking a deposit to secure a booking for outings and activities, it is advisable that Clubs have a policy that covers payments and refunds. When developing this policy consider: -

Setting a required deposit with the expression of interest. This also assists with numbers for these activities as expressing an interest without the commitment of a payment often increases the likelihood of cancellations.

Setting a date for final payment.

Cancellations and Refunds

Ensure that the members are fully aware of the cancellation and refund policy WHEN the activity is first being promoted, so that there are no misunderstandings.

The entitlement to a refund will vary depending on monies paid and commitments given to bookings with third parties. Where possible, sufficient notice should be given of cancellations to allow the Club to offer those cancelled spots to other members, where possible.

Insurance

A reminder that only approved activities will be covered under the Probus National Insurance Programs, subject always to the terms, conditions, limitations and exclusions of the policies within those programs. These activities include any event organised by a Club or Association such as meetings, outings, tours, trips and interest groups.

The National Insurance Programs do not provide cover for cancellation/refunds nor do they provide cover for illness.

Re Speaker's List

Please note:

Clubs manage their individual reimbursement to guest speakers. PAWA has no input into what clubs provide as acknowledgement for a presentation, or if speakers require a fee. It is a good idea to have some communication with the speaker in advance, regarding this matter.

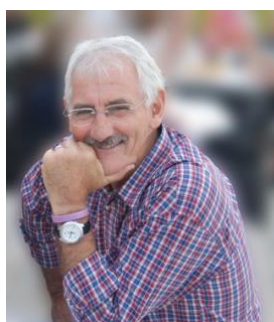
HAPPY ANNIVERSARY TO THE FOLLOWING CLUBS in SEPTEMBER

Joondalup City Probus Inc	6 years
Claremont/Swanbourne Probus Club Inc	8 years
Combined Probus Club of East Perth Inc	19 years
Probus Club of Albany Central Inc	34 years
The Probus Club of Busselton Inc	39 years
Probus Club of Whitfords WA Inc	41 years



UPDATED TOPIC

Dr PETER PROUT Author / Teacher / Mentor



Our Anxious Generation(s)

In his “retirement zone,” Peter observes the increased danger to which our children and youth are exposed via social media, or excessive screen time, to potentially harmful social and health ideas. Accordingly, he leaves time in his sessions to share insights and experience, to seek insights from participants, and to suggest ways in which we “seniors” can be effectively engaged in

“In my presentations, I endeavour to share how shame impinges upon our lives, and how we can prevail to embrace a life of energy, renewed passion, and commitment to mentor anyone we meet, especially as they strive to realise their own potential and gifts.”

Peter’s contact details E: peter.prout3929@gmail.com Mob: 0433 567 235

NEW SPEAKER

JILL HENRY



“Losing Him, Finding Me” A dementia’s carer’s guide to Sanity, Systems and Self. “Losing Him, Finding Me” shares the raw and personal story of caring for a partner with dementia. Through heartbreak, humour and hard-earned wisdom, the talk explores the challenge of navigating the aged care system, making end-of-life decisions and finding support. It highlights practical tools, emotional realities and the importance of planning ahead. A powerful and honest session for anyone touched by dementia.

Jill’s contact details are E: jillhenry18@yahoo.com.au Mob: 0452 561 757

Jill is recommended by the Probus Club of Scarborough Beach



Monday 23rd February 2026



INVITATION

to WA Probuss Clubs



PINJARRA PACEWAY

11am (first race at 1230)

Cost is \$35 per person

Includes:

- Race booklet for guests
- Roast of the day
- Dessert of the day
- Drink voucher
- Mystery bet voucher

RISK ASSESSMENT

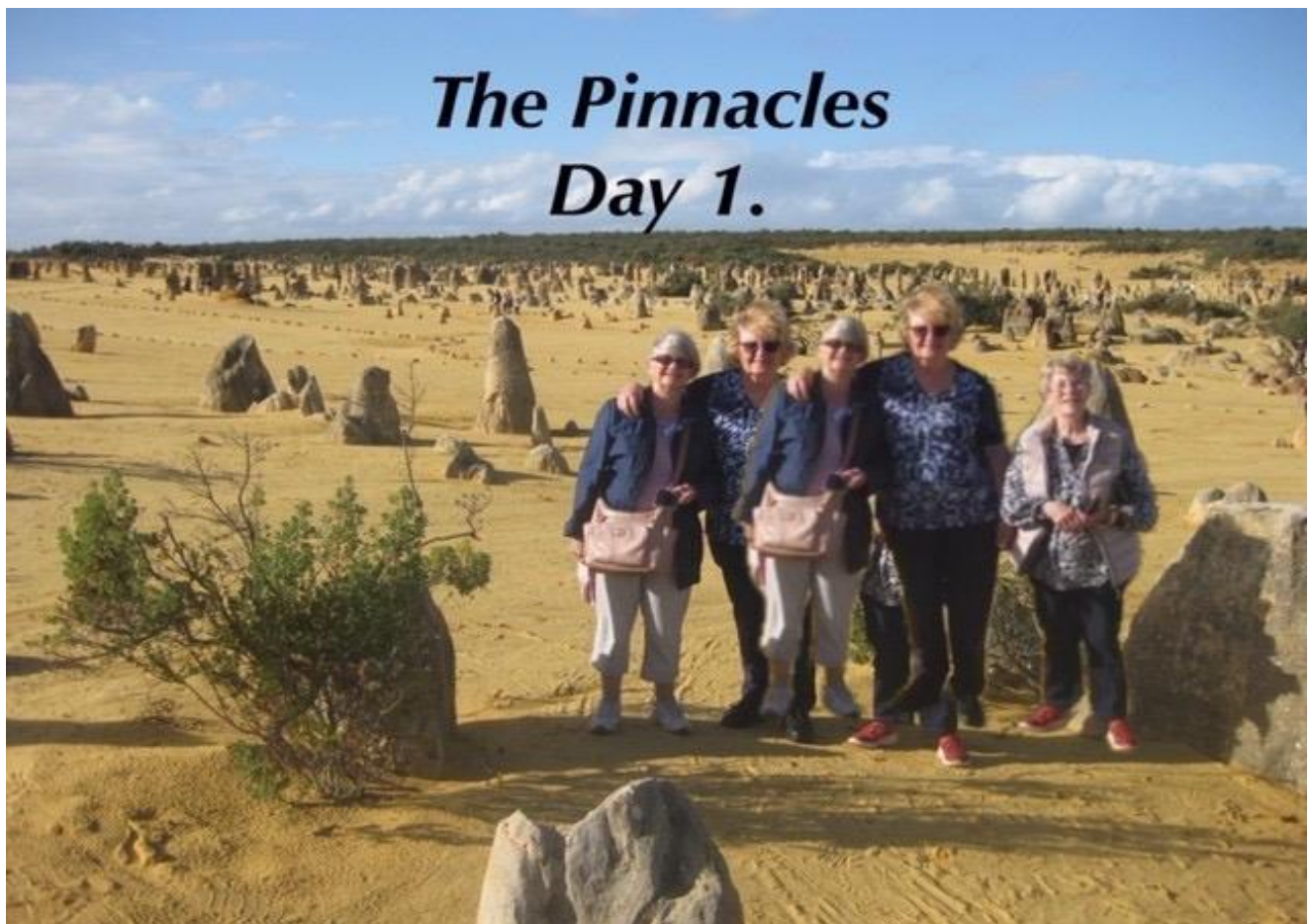
PSPL clearly states, in the Risk Management Policy Guidelines, that it is not mandatory for a Club to have a Risk Management Policy. The documents provide a suggestion as "matters that should be considered" when a Club is planning an outing or activity. Some Clubs take this to the nth degree and often physically investigate the venue beforehand.

The PSPL Probus Club Handbook states:

***".... Clubs and Associations should take all reasonable steps to protect the health and welfare of their members/visitors at any Probuc organised, managed or sponsored activity. These activities include any event organised by a Club or Association such as meetings, outings, tours, trips and interest groups."
"Risk management does not have to be an onerous task."***

It should suffice for an Outings Officer to obtain information from the venue itself as to issues that may affect Club members visiting the venue. Such issues should be communicated to members, before they register their interest in participating, so that they are aware of site issues that may affect their mobility or health in any way.

Probus members enjoying a great day out at the Pinnacles.





save
the
date



AGM

Annual General Meeting

Friday 27th March 2026



tompkins

632 Canning Hwy,
Alfred Cove WA 6154

Willetton Ladies Probus Club Inc



Willetton Ladies Probus Inc had their Friendship Bring & Buy day on the 11th of September 2025 to celebrate Spring. This is the 8th year we have done this and look forward to continuing this very successful day.

Members provided Crafts, Jams, preserved products, cakes and pot plants to sell on the day, with a Special Morning Tea.

Friends and Members from the East Fremantle Probus Club attended and were very happy the way it done.

Our own Craft Group donated a number of Rugs and Teddy Bears, and what wasn't sold, was donated to The Wheel Chairs for Kids.

Eaton Probus Club Inc.



Judy's Wonderful Achievement.

It seems that Judy Gilder has one celebration after another. Recently, we acknowledged that Judy has been a member of Probus for over 30 years, having first joined while she lived in Melbourne.

Although not all of them have been with our club, it is still a convincing achievement. At the July meeting, we had the honour of celebrating Judy's ninetieth birthday with her. Judy was presented with a lovely cake to mark the special occasion. Although we thought blowing out 90 candles would be a challenge, Judy managed to blow out the one candle easily.



The Royal Edinburgh *Military Tattoo*

5 Days > 13 to 17 February 2026

Join us in Brisbane next February on this absolutely unforgettable tour! Cruise the Brisbane River, discover captivating exhibitions. Indulge in wine tasting at the elegant Sirromet Winery, walk amongst the Mount Tamborine rainforest and meet the wildlife at Lone Pine Koala Sanctuary. Then, be captivated by the spectacular Royal Edinburgh Military Tattoo performance at Suncorp Stadium. Over 1,000 performers, stirring Scottish bagpipes, massed military bands and dancers. A once-in-a-lifetime event that fuses tradition, power, and pageantry in the heart of Brisbane.

\$4,220 pptw
+720 single option



Highlights

- Be dazzled by the iconic Royal Edinburgh Military Tattoo Show
- Enjoy a tranquil River City Cruise
- Explore bold creativity at Queensland Gallery of Modern Art
- Uncover maritime history at Queensland Maritime Museum
- Enjoy fine wines and gourmet food at the elegant Sirromet Winery

- Walk among the treetops on the Tamborine Rainforest Skywalk
- Lone Pine Koala Sanctuary

Inclusions

- Pre/post tour transfers (ex Perth, WA)
- ✈️ **Airfares and taxes**
- 10 meals
- 5 nights' accommodation
- Tours and attractions
- Professional Villa Tour Leader



Transfers

Courtesy pre and post home/hotel transfers (Perth/Mandurah metropolitan areas)
A country collection service is also available



Transport



Accommodation



Meals



Attractions



Tour Leaders



Local Guides

T&Cs: All Villa tours are fully escorted, depart from Perth and tour prices include courtesy home collection (Perth and Mandurah metro only), most meals and attractions. Tours are subject to change. Full T&Cs can be found on villa.com.au or ask us to send them when you call.

📞 08 9754 2026 ✉️ travel@villa.com.au 🌐 villa.com.au 📱 @VillaCarlottaTravel



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PAWA

The Voice of WA Probus Clubs

*Come along to a committee
meeting and give us your ideas
to ensure that PAWA is an
effective voice of WA Probus
Clubs.*

**Contact Secretary Margaret
Collins for an invitation to attend.**

pawasecretary@gmail.com

***The PAWA Committee meets at
the Melville Recreation Centre,
Cnr Stock Rd and Canning
Highway Melville,
2nd Thursday of every second
month***

***PAWA also meets via Zoom.
Zoom meeting held on Thursday
11th September, 2025.***

***Next meeting will be at the
Melville Rec Centre on
9th October 2025.***

Website:
probuswa.org.au

Facebook:
***Probus Association of
Western Australia***

This newsletter is private & confidential, for Probus use only and not to be used for any other purpose